

# EXERCISE SCIENCE, MINOR

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Code	Title	Credits
<b>Required Courses</b>		
EXSC 100	Anatomical Kinesiology	3
EXSC 100L	Anatomical Kinesiology Lab	1
EXSC 300	Biomechanics of Human Motion	3
EXSC 325	Nutrition & Exercise	2
EXSC 350	Exercise Physiology	3
EXSC 350L	Exercise Physiology Lab	1
EXSC 390	Fitness Assessment	2
EXSC 480	Principles of Training & Conditioning	2
EXSC 490	Exercise Prescription	2
BIOL 377	Principles of Nutrition	3
or EXSC 225	Nutrition	
<b>Total Credits</b>		<b>22</b>