

# COACHING, MINOR

Code	Title	Credits
<b>Required Courses</b>		
PE 301L	Theory of Coaching Lab	2
PE 392	Prevention & Care of Athletic Injuries	2
HLTH 110	First Aid and Safety/CPR	2
PE 335	Theory of Coaching/Teaching Strength and Conditioning;	2
PE 482	Practicum in Coaching	1-4
Choose <b>one</b> of the following Theory of Coaching courses:		2
PE 330	Theory of Coaching of Baseball	
PE 331	Theory of Coaching of Basketball	
PE 333	Theory of Coaching Swimming & Diving	
PE 334	Theory of Coaching of Football	
PE 335	Theory of Coaching/Teaching Strength and Conditioning;	
PE 336	Theory of Coaching of Softball	
PE 337	Theory of Coaching of Volleyball	
PE 338	Theory of Coaching of Soccer	
PE 348	Theory of Coaching of Track & Field	
PE 350	Theory of Coaching of Wrestling	
Choose <b>one</b> of the following:		3
EXSC 225	Nutrition	
PE 488	Legal Aspects of Recreation & Sport	
PSYC 301	Sport & Performance Psychology	
Choose <b>one</b> of the following options:		2-9
<i>Option 1</i>		
EXSC 100	Anatomical Kinesiology	
EXSC 100L	Anatomical Kinesiology Lab	
EXSC 300	Biomechanics of Human Motion	
EXSC 350	Exercise Physiology	
<i>Option 2</i>		
PE 249	Physical Fitness Concept	
<b>Total Credits</b>		<b>16-26</b>