

# COACHING, MINOR

Code	Title	Credits
<b>Required Courses</b>		
EXSC 100	Anatomical Kinesiology	3
EXSC 100L	Anatomical Kinesiology Lab	1
EXSC 300	Biomechanics of Human Motion	3
PE 301	Theory of Coaching	3
PE 301L	Theory of Coaching Lab	2
PE 392	Prevention & Care of Athletic Injuries	2
PE 482	Practicum in Coaching	1-4
PSYC 301	Sport & Performance Psychology	3
Select <b>one</b> option:		4-5
<i>Physiology plus Coaching Theory</i>		
EXSC 350	Exercise Physiology	
Select <b>one</b> of the following:		
PE 330	Theory of Coaching of Baseball	
PE 331	Theory of Coaching of Basketball	
PE 333	Theory of Coaching Swimming & Diving	
PE 334	Theory of Coaching of Football	
PE 335	Theory of Coaching/Teaching Strength and Conditioning;	
PE 336	Theory of Coaching of Softball	
PE 337	Theory of Coaching of Volleyball	
PE 338	Theory of Coaching of Soccer	
PE 348	Theory of Coaching of Track & Field	
PE 350	Theory of Coaching of Wrestling	
<i>Coaching Theory</i>		
Select <b>two</b> of the following:		
PE 330	Theory of Coaching of Baseball	
PE 331	Theory of Coaching of Basketball	
PE 333	Theory of Coaching Swimming & Diving	
PE 334	Theory of Coaching of Football	
PE 335	Theory of Coaching/Teaching Strength and Conditioning;	
PE 336	Theory of Coaching of Softball	
PE 337	Theory of Coaching of Volleyball	
PE 338	Theory of Coaching of Soccer	
PE 348	Theory of Coaching of Track & Field	
PE 350	Theory of Coaching of Wrestling	
<b>Total Credits</b>		<b>22-26</b>