PHYSICAL EDUCATION, BS

Code	Title	Credits	
Physical Education Core Courses			
EXSC 100	Anatomical Kinesiology	3	
EXSC 100L	Anatomical Kinesiology Lab	1	
EXSC 300	Biomechanics of Human Motion	3	
EXSC 350	Exercise Physiology	3	
EXSC 350L	Exercise Physiology Lab	1	
EXSC 400	Motor Learning & Development	2	
HLTH 110	First Aid and Safety/CPR	2	
PE 101	Introduction to Health and Physical Education	2	
PE 108	Technology in Physical Education	2	
PE 249	Physical Fitness Concept	2	
PE 488	Legal Aspects of Recreation & Sport	3	
PE 490	Field Practicum	2	
PE 497	Senior Seminar	3	
PE 499	Professional Practicum ¹	6	
PSYC 301	Sport & Performance Psychology	3	
Select one Emph		31-33	
Recreation Emph			
PE 105	Camping and Canoeing		
PE 106	Winter Ice and Snow Sports		
PE 200	Recreational Sports & Games		
PE 300	Recreation Diversity & Leadership		
PE 360	Introduction to Recreation, Parks, and Commun Education	nity	
PE 362	Recreational Aquatics		
PE 400	Recreation Program Planning		
PE 478	Recreation & Sports Mgmt		
PE 484	Planning Facilities for Physical Activities		
Recreation Option	ns		
Select one of the following:			
Business Option			
ACCT 211	Principles of Accounting I		
MGMT 101	Introduction to Business		
Health Option			
HLTH 370	Community Health and Health Promotion		
HLTH ***	Any HLTH course		
Social Option	•		
SOCI 220	Social Problems		
SOCI 331	Racial & Ethnic Relations		
Sports Management Emphasis (33 Credits)			
ACCT 211	Principles of Accounting I (Sports Managemen	t	
	Emphasis Courses)		
ACCT 212	Principles of Accounting II		
ECON 201	Principles of Microeconomics		
FIN 350	Managerial Finance		
MGMT 101	Introduction to Business		
MGMT 221	Computer Concepts and Applications		
MGMT 300	Management Principles		
MKTG 301	Principles of Marketing		

Total Credits		69-71
PE 489	Sports Marketing, Sales, and Promotions	
PE 484	Planning Facilities for Physical Activities	
PE 478	Recreation & Sports Mgmt	

1

Must be taken for 6 credits.

Bachelor of Science: Physical Education-Recreation Emphasis Notes:

Requirement for Physical Education Majors:

By the end of the sophomore year, the student should get the application packet from the Education Department. The student must also fulfill the K-12 professional education requirements; please see the Education (https://www.smsu.edu/academics/programs/education/) Department for current requirements.