

PHYSICAL EDUCATION, BS - TEACHING

Code	Title	Credits
Physical Education Major Courses		
EXSC 100	Anatomical Kinesiology	3
EXSC 100L	Anatomical Kinesiology Lab	1
EXSC 300	Biomechanics of Human Motion	3
EXSC 350	Exercise Physiology	3
EXSC 350L	Exercise Physiology Lab	1
EXSC 400	Motor Learning & Development	2
HLTH 110	First Aid and Safety/CPR	2
PE 101	Introduction to Health and Physical Education	2
PE 108	Technology in Physical Education	2
PE 122	Lifetime Activities I	3
PE 123	Lifetime Activities II	3
PE 144	Golf	1
PE 156	Adventure Ropes	1
PE 220	Curriculum and Instruction in Physical Education	3
PE 387	Rhythm and Dance Fundamentals	2
PE 401	K-12 Physical Education Methods & Lab	3
PE 481	Adapted Physical Education Methods & LAB	3
Select one of the following Anatomy courses with corresponding lab:		4
BIOL 150	Physiological Anatomy for Non-science Majors	
BIOL 150L	Physiological Anatomy for Non-science Majors Lab	
BIOL 305	Human Anatomy & Physiology I	
BIOL 305L	Human Anatomy & Physiology I Lab	
<i>Health Course</i>		
HLTH 225	Alcohol, Narcotics, & Tobacco	2
Total Credits		44

Bachelor of Science: Physical Education-Teaching Notes:

Requirement for Physical Education Majors:

By the end of the sophomore year, the student should get the application packet from the Education Department. The student must also fulfill the K-12 professional education requirements; please see the Education (<https://www.smsu.edu/academics/programs/education/>) Department for current requirements.