

# HEALTH SERVICES

Health Services (<https://www.smsu.edu/campuslife/healthservices/>)  
BA 158, 507-537-7202

toll-free in the US 24 hours a day or Western Mental Health Center  
Mobile Crisis Response Services (<https://wmhcinc.org/mobile-crisis/>):  
1-800-658-2429

## About Health Services

Student Health Services provides free and confidential services, including medical assessments, for registered students. Located in Room 158 of the Bellows Academic building, a Registered Nurse is available for consultation Monday through Friday from 9:00 a.m. to 3:30 p.m. while classes are in session. 'Walk-ins' are welcome or students may call (507) 537-7202 to leave a confidential message. Non-prescription medications for minor colds, coughs, aches and pains, and other miscellaneous items are also available at no additional cost. Health Services staff will assist students with off-campus referrals as necessary. All expenses associated with off-campus medical referrals for lab testing, x-ray, consultations, etc., will be the student's responsibility for payment, except for reimbursements. Copays and bills after insurance will be reimbursed up to \$25.

Student Health Services does not exist for the purpose of replacing the primary care physician but recognizes the fact that mental and physical health is essential for learning, development, and success as a student. The Student Health Services department is designed to be accessible, convenient, and cost-effective as well as a resource for information concerning health, staying well, and preventing illness.

## Health Fee

A health fee is received out of the activity fees each student pays at registration. This amount is necessary for the operation of Student Health Services. There is no charge for an office visit with the nurse.

The student must provide a physician note through the following form to show they were seen through an off-campus referral. Again, all off-campus medical referrals and services are at the student's expense, except for reimbursements. <https://forms.office.com/r/UtVYtbkU7M> (<https://forms.office.com/r/UtVYtbkU7M/>)

## Prolonged Illness

Students are advised to report pertinent medical facts to Health Services so instructors may be notified in cases of medical illness. We do not contact instructors for short-term illnesses; it is the responsibility of the student to contact the instructors for assignments. Should a student find it necessary to withdraw from classes for medical reasons and they are unable to withdraw in person, they should contact the Registration Office (<https://www.smsu.edu/campuslife/registrationrecords/>) for further details and implementation of the withdrawal.

## After Hours Emergency Contacts

Resident Assistant (on-campus student)

Ambulance/Emergency: 911

Access Health Marshall (<https://www.avera.org/locations/profile/access-health-avera-medical-group-marshall-carlson-street/>): (507) 476-4800  
Option #1

Avera Marshall Regional Medical Center Emergency Room (<http://doctor.webmd.com/practice/avera-marshall-regional-medical-center-emergency-5908e326-6d9d-e211-b0df-001f29e3eb44-overview/>): (507) 537-9300

If you are thinking about hurting yourself or concerned about someone, call the National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

*Note: While every effort is made to ensure accuracy, SMSU reserves the right to correct any clerical errors herein. Also, you can submit feedback.*